



work. life. creativity
it's about being done.

October 2011 Newsletter

It feels like Fall! At least here in New Hampshire it does. Leaves are changing colors, there is a crispness in the air and the days are getting shorter.

It is time to get re-energized by the change in the seasons and inject some creativity back into our Work and our Lives. It's not quite pumpkin-carving time, but it will be before you know it. What kind of scary jack-o-lanterns will you and your family be making this year? Be sure to take a picture and share it in the forum.

In other news October is *Creativity and Writing Month* on the blog and in the forum. We will be posting a slew of fun exercises for you to participate in: from creating a short poem to laying out the outline of your NaNoWriMo project. Now that I don't have a full-time job any more I am going to participate in **National Novel Writing Month** this year. It actually takes place in November, but I will be laying some of the groundwork this month. You can learn more about it here <http://www.nanowrimo.org/> :

National Novel Writing Month is a fun, seat-of-your-pants approach to novel writing. Participants begin writing on November 1. The goal is to write a 50,000 word, (approximately 175 page) novel by 11:59:59, November 30.

Valuing enthusiasm and perseverance over painstaking craft, NaNoWriMo is a novel-writing program for everyone who has thought fleetingly about writing a novel but has been scared away by the time and effort involved.

Because of the limited writing window, the **ONLY** thing that matters in NaNoWriMo is output. It's all about quantity, not quality. This approach forces you to lower your expectations, take risks, and write on the fly.

For the past two years I have been too busy at the Tavern to prepare for this work, then all-of-a-sudden it's November and time to write. No more. This October we are going to get ready together and make something amazing.

Of course, you don't have to write a novel. You can do the exercises to learn to express yourself better, to learn new words, to try to get creative in a new way. The opportunities are endless!

During the month of October we will also be doing some other fun exercises including Journaling, Poetry, and how to take better notes.

See you in the forums!

Regards,
The work.life.creativity Team.